FEES & LODGING

Lodging is Friday and Saturday nights, unless you opt to lodge at home. Friday dinner, all Saturday meals, and Sunday breakfast and lunch are included in program fee.

□ Weekend program, meals + Redwood/Pepperwood lodge (Includes bedding and towels)	FULL \$229
☐ Weekend program, meals + Fir Lodge (includes bedding, no towels)	\$199
■ Weekend program, meals + Cabin (no bedding or towels)	\$165
☐ Weekend program, meals + no lodging	\$129
☐ Friday night program + meal	\$45
☐ Saturday program + meals	\$109
☐ Sunday program + meals	\$72
☐ Pre-Conference Luncheon [Fri. afternoon]	\$22
Saturday Fun:	
 □ Painting \$16 □ Baking \$6 □ Self Defense \$10 □ Archery (Free but need headcount) □ Gilead's Goliath Swing (Free but need headcount) 	
Total:	
Roommate requests:	

PAYMENT

You may pay by check, money order or credit card.

A minimum, non-refundable, deposit of \$30 is required to register. This reserves your place in our event but registration is not complete until a signed medical release form is received at camp office. www.mtgilead.org/programs/womens-retreat

not complete until a signed medical release form is received at camp office. www.mtgilead.org/programs/womens-retreat				
☐ Check included or ☐ Visa ☐ MC ☐ Discover				
Credit card #:				
Name on card:				
Expiration:Security code:				
Signature:				

2022 SCHEDULE

Friday, April 29

11:30	Pre-conference check
12noon	Luncheon
1:00	Worship
1:30	Luncheon Session
2:30	Luncheon Closing
3:00	Retreat Registration
6:00	Dinner
7:00	General Session 1
9:00	Snack

Saturday, April 30

Satur	ady, April 30
8:00	Breakfast
9:00	Worship
9:50	Seminar: Track 1
11:00	Seminar: Track 2
12:05pm	Lunch
1:00-4:00	Laser Tag, Goliath Swing, Gift Shop & Zip Line
1:00-2:00	Archery Session 1
1:00-2:15	Painting Session 1
1:30-4:00	Coffee Bar
1:30-2:30	Zumba
2:30-3:30	Self-Defense Training
2:30-3:30	Baking, Archery Session 2
2:45-4:00	Painting Session 2
4:30	General Session 2
6:00	Dinner
7:00	Pajama Party
7:30	Talent Show
8:30	Chick Flick and Snack

Sunday, May 1

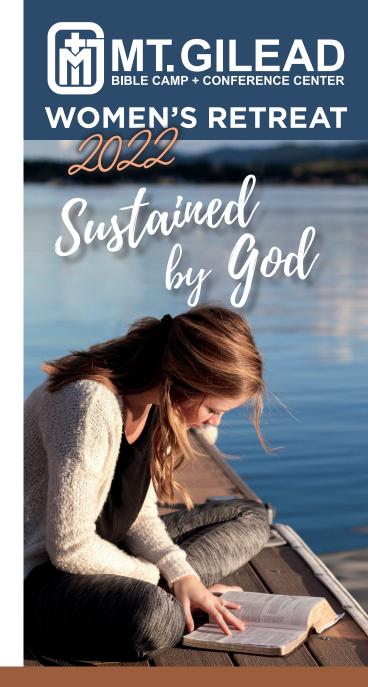
8:00	Breakfast
9:00	Worship
9:15	General Session 3
10:00	Silence and Solitude
11:00	Worship, Time at the Cross, Communion
12:15pm	Lunch
1:00	Depart

NON-PROFIT US POSTAGE PAID Permit No. 470

13485 Green Valley Rd, Sebastopol, CA 95472 (707) 823-4508 www.mtgilead.org



Mt. Gliead is affiliated with Inhatt An American Mission. Our prograhave Biblical teaching on salvatic and guidance for daily living available through Jesus Christ. Rules for participation are the sa regardless of race, color, sex, age national origin or handicap. Gues of all anex are expected to afren



WOMEN'S RETREAT APRIL 29-MAY 1

APRIL 29-MAY 1 2022 www.mtgilead.org

Sustained by God

Lesus offers His unlimited resources for strength, **J** courage, and peace so that we can withstand the pressures of these unprecedented times. Come be refreshed, encouraged and equipped as we gather together around the Word of God at Women's Retreat 2022, Sustained by God.

"Sustain me, my God, according to your promise, and I will live; do not let my hopes be dashed. Uphold me. and I will be delivered: I will always have regard for your decrees."

Psalm 119:116-117

Speaker: Dawn Gould, Director of Women's Ministries at Mt. Gilead

Dawn grew up in Washington State and met her husband, Dave, at Seattle Pacific University. They have lived at Mt. Gilead for the past 36 years. Dawn loves her job, as she is able to walk beside women who find freedom in Christ and begin using their gifts to serve the Lord. She is devoted to equipping the next generation to lead with humility, holiness and dependence on Christ. She is also devoted to being a grandma to Jeremiah and Everleigh!



WORSHIP Worship Leader: Mickie Cazet

Pianist: Sandi King

PRE-CONFERENCE LUNCH Cost: \$22

Speaker: Sandi King Theme: Held by God

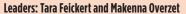
Whether you are a teenager or walking into the twilight years of your life, there is no greater comfort than to know that you are being held by God. "Even to your old age and gray hairs I am he. I am he who will sustain you. I have made you and I will carry you..." Isaiah 46:4 Join Luncheon Speaker, Sandi King as she shares from her heart the sustaining power of God.

SATURDAY ACTIVITIES

TRACK ONE: 9:50-10:50AM

Freedom in Forgiveness

When wounds run deep forgiveness does not come easy, but God can help us be set free from the bondage of unforgiveness. Come learn the path to breaking strongholds and walking in freedom.



Beloved Unbeliever

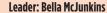
The Lord's return seems close at hand, our concern for those we love weighs heavy on our hearts. Come discover tools for clearly and graciously sharing the Gospel, as well as learning to trust those we love most to the Lord Leader: Julie Patt



Hold Fast

"Jesus said, 'If you hold to my teachings, you are really my disciples." What does is it look like to hold on to the teachings of Jesus in 2022? How should what we say we believe impact our daily lives? Come discover the difference we can make as we align our actions with our words.

TRACK TWO: 11AM-NOON



Torn in Two

Our country has become a very divisive place to live, even amongst family and friends. Jesus also lived in such a time. Join us as we learn how to walk out our faith as our culture collides with our values. Find hope even in the crossfire. **Leader: Lisa Lantz**



EXPANDED SEMINAR: 9:50-12:00 (The complete seminar will be composed of two sessions)

The Reveling in Revelation

We will be studying the important and timely message to the seven churches, in Revelation discovering the encouragement to persevere even when the culture around is evil. John's vision of heaven is intended to bless us, to lead us to worship, and to be faithful to our Lord and Savior Jesus Christ, Leader: Jan Wells



SATURDAY SEMINAR SIGNUP

Please sign up for one Saturday Seminar class in each track:

☐ The Reveling in Revelation 9:50-Noon

Track One: 9:50-10:50am	Track Two: 11am-Noon
☐ Freedom in Forgiveness	Hold Fast
☐ Beloved Unbeliever	Torn in Two

HEALTH CARE

A Medical Release Form is required in addition to this information. It may be downloaded at www.mtgilead.org/women-s-retreat

SATURDAY AFTERNOON FUN

ARCHERY: 1-2 & 2:30-3:30

Come test your archery skills with your friends. Space is limited to 40.



ZUMBA: 1:30-3:30

It's your chance to get in shape and have fun with friends all at the same time.



COFFEE BAR 1:30-4

Come relax under the trees with your buddies and enjoy treats, out of this world coffee, and other exceptional drinks.



Come learn to paint among friends with Debby Harris. It's fun, it's relaxing, and it's just for you! **Space** limited to 40. Cost: \$16



2:30-3:30 Join Mt. Gilead's Chef Nicole Gould as she shares her

yummy dessert recipes and tips that will leave your guests asking for seconds!. Space Limited to 30. Cost \$6

NEW! SELF-DEFENSE TRAINING 2:30-3:30

Join us for our first ever self defense training class. Learn practical skills for protecting yourself in uncertain situations. Space Limited to 30, Cost: \$10



GILEAD'S GOLIATH SWING: 1-4 Enjoy the 4-seater swing that raises you high above the valley floor. **Space Limited to 48**









REGISTRATION

YOUR INFO

Name:		
Address:		
City:		_State:
Zip:	_Phone:	
Email:		
Church:		

